



DORMEGA^{CAP}

Omega 3 fatty acids 1gm (EPA330mg + DHA220mg)

Supplementing with Omega-3 Fatty acids has shown to help support.



Heart Health
& Diabetes

Brain Development
& Cognitive Function



Better Movement
of Joint's

Slowing Signs
of Ageing



Boosts Eye Health
& Minimize Risk of
Vision Problems

Boosts Immune
System's Blood Sugar



HOW MUCH IS ENOUGH?

500MG of EPA+DHA (1 Capsule OD)

To Avoid Deficiency

1000MG of EPA+DHA (1 Capsule BD)

For Proactive Support

2000MG of EPA+DHA (2 Capsule BD)

For High Intensity Support